

# Milford Residents Start EMF Impact Grassroots Campaign

by Christine Galeone,  
Staff Reporter

The Massachusetts Legislature's Joint Committee on Advanced Information Technology, the Internet and Cybersecurity held a virtual public hearing on several bills. One of them is Bill H. 115, An Act Relative to Best Management Practices for Wireless in Schools and Public Institutions of Higher Education. One gripping written testimony advocating for that bill was given by Christine Daddario.

In it, the Milford resident explained how her former employer had replaced its technology with stronger wifi in late 2020 and the devastating consequences that she believes resulted from that installation. When she returned to her computer after the installation, she describes experiencing symptoms including all over burning sensations, extreme migraines, and nausea. She coped by taking sick days or asking for work tasks that didn't require a computer.

"In February 2021, after a particularly awful day of symptoms, I had a miscarriage," Daddario wrote. After relating that devastating experience, she described worsening symptoms due to a heightened sensitivity to EMF (Electro and Magnetic Fields) exposure. And she later added, "I have now lost my job and my medical insurance, as well as all the other benefits of being employed. As wifi strength is increased everywhere, I am no longer [able] to go inside essentially anywhere that has Wi-Fi."

After learning about Daddario's experiences, Milford resident Tony Chinappi, became concerned about her and others with similar sensitivity to EMF. Chinappi has joined with her to start a grassroots campaign to explore how EMF might be affecting others in Milford and the surrounding communities.

Chinappi, who became acquainted with Daddario when she volunteered for the Milford High School Connections Program, said that their exploration of EMF exposure is just beginning. They've primarily educated themselves

about the issue through the work done by EMF expert Cecelia Doucette, the Director of Massachusetts for Safe Technology, (ma4safetech.org), founder of Understanding EMFs, (sites.google.com/site/understandingemfs/) and Education Services Director for Wireless Education, (Wirelesseducation.org). As they reach out to the Milford Board of Health, other local officials, and the community, they have aligned themselves with Massachusetts for Safe Technology.

"A vibrant young lady, all of a sudden, can't do anything. It was so foreign to me. But I could tell that she was really between a rock and a hard place," Chinappi shared. The former Milford High School educator added, "We're not against 5G, but there are ways of minimizing it, so that Christine and other people don't have to go through what they're going through."

Dr. Lisa Nagy, an environmental medicine practitioner, also testified at a recent hearing for the same committee as Daddario that many women over 40 have mild environmental illness referring to sickness from things such as Wi-Fi, chemicals and mold.

Doucette has helped countless numbers of children and adults to reduce their exposure. She said that avoiding EMF exposure at night is especially important.

"Some decide to try turning everything off at night, and where needed, moving their beds away from utility smart meters that pulse radiofrequency radiation twenty-four seven," she said.

Chinappi and Daddario hope that area residents who've had symptoms after EMF exposure will contact Chinappi at safewired101@gmail.com.

*Editor's note: The Town Crier reached out to a number of medical professionals in the Milford area requesting them to comment on this story and the topic of EMF exposure. However, each declined stating they did not have enough knowledge on the subject.*

## Milford Senior Center

The Milford Senior Center is open to the public for monthly and weekly classes and activities for those interested. Van transportation is also available for errands, medical appointments, and shopping. Contact Senior Center staff at 508-473-8334 for more information regarding any registration needed or to schedule a transportation ride.

### Tuesday, November 16

Center Book Group, In Five Years by Rebecca Serle, 10 a.m.  
Writer's Group, 11 a.m.  
Milford Senior Singers, 2:30 p.m.

### Tuesday, November 23

Fortune Cookie Club, 11 a.m.

### Mondays

Gym/fitness equipment, 8:30 a.m. to 3:30 p.m.  
Pilates (Instructor Marcella Pannenberg), 8:30 a.m.  
Barre (Instructor Marcella Pannenberg), 9:30 a.m.  
Cribbage, 9:30 a.m.  
Strength & Fall Prevention (Instructor Andrea Longo), 10:30 a.m.  
Low Impact Fitness (Instructor Shirley Areano), 1 p.m.

### Tuesdays

Gym/fitness equipment, 8:30 a.m. to 3:30 p.m.  
Mindful Steps (Instructor Jean Gillis), 9 a.m.  
Total Body Conditioning (Instructor Robin Johnston), 9:30 a.m.  
Chair Yoga (Instructor Marsha Mancuso), 10:30 a.m.  
Dominoes, 12:30 p.m.  
Mah Jongg, 1 p.m.

### Wednesdays

Gym/fitness equipment, 8:30 a.m. to 3:30 p.m.  
Gentle Yoga (Instructor Jean Gillis), 9 a.m.  
Strength and Fall Prevention (Instructor Andrea Longo), 10 a.m.  
Groove & Sculpt (Instructor Andrea Longo), 11 a.m.  
Muscle & Mat (Instructor Robin Johnston), 12:30 p.m. (Cancelled 11/24)

### Thursdays

Gym/fitness equipment, 8:30 a.m. to 3:30 p.m.  
Yoga (Instructor Marsha Mancuso), 9 a.m.  
Knitting/Crocheting, 9 a.m.  
Whist, 11 a.m.  
Low Impact Fitness (Instructor Shirley Areano), 1 p.m.  
Cribbage, 1 p.m.

### Fridays

Gym/fitness equipment, 8:30 a.m. to 3:30 p.m.  
Cardio Strength (Instructor Jean Gillis), 9 a.m.  
Groove & Sculpt (Instructor Andrea Longo), 10:30 a.m.  
No Whist on Friday  
Crafting with Laura, 10 a.m., \$5

## Read the Town Crier Online

To read the November 12 *Milford Town Crier* online, go to [TownCrier.us](http://TownCrier.us). In the left hand column, click Online Newspapers and scroll down to the *Milford Town Crier* PDF Archive. Click on MTC 21.11.12 pdf.

## OPINION



### Letter from the Editor

By Michelle Sanford

small businesses.

Over the last year, the number of small businesses open in Massachusetts decreased by approximately 37 percent; this due to the impact of the pandemic. And today, many of those small businesses that are open are continuing to struggle. I've sadly heard the term "hanging by a thread" from a few owners myself.

Imagine what our communities would be like without our small businesses. Imagine a community without its diners or coffee shops, nail or hair salons, barber shops, craft stores, florists, candy stores, and so many others that are located along our Main Streets. How bleak and quiet would our hometowns be without them.

Small businesses need our support like never before. If

The holiday shopping season is right around the corner and I can't think of a better year to shop small; that is, shop at

everyone purchased just a few items from a small business instead of the big chains, the impact would be enormous. And if we ate or ordered from local eateries more, the effect would be the same.

Look through the *Town Crier*. Look at the ads; many of which are from small businesses. Shop there. Purchase a one of kind gift for someone that you'll find only in a small gift shop or boutique. Eat at a local restaurant or diner while out with the family or friends. Purchase gift cards from those businesses. Shopping small adds up to big things for the owners.

Small Business Saturday is the Saturday after Thanksgiving. It was established to celebrate and honor the small business owners, who put their hearts and souls into their livelihoods. This year, it falls on November 27. Put this date on the calendar and make it a point to go out and spend a few bucks in town.

When you shop small, you're supporting a community. And according to the anonymous quote, "When you support a small business, you support a dream."

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